

Unit 6 Do you like bananas?



一、单元信息

基本信息		学科	年级	学期	教材版本	单元名称
		英语	七年级	第一学期	人教版	Unit 6
课时 信息	序号	教学内容			课时	
	1	Section A (1a-2d)			第 1 课时	
	2	Section A (3a-3d)			第 2 课时	
	3	Section B (1a-1e)			第 3 课时	
	4	Section B (2a-2c)			第 4 课时	
	5	Section B (3a-Self Check)			第 5 课时	



二、教材分析

本单元的学习是基于“谈论对食物的喜好”而探讨“健康的饮食习惯”。因此本单元的听说活动、阅读活动以及其他输出活动都是围绕着“Healthy Eating Habits 这一个话题而展开的。

通过本单元的教学，学习常见食物的名词，学生会询问对方与了解别人喜欢与不喜欢的食物，学会谈论自己与他人早、中、晚餐喜爱吃的食物，反思自己的日常饮食习惯，并结合生活经验讨论“健康的饮食习惯”这一话题，最终养成健康的、适合自己的饮食习惯。为其今后能在交际中恰当地表达自己的情感、灵活运用已经学过的常用功能项目、进一步学习并掌握新的语言功能奠定坚实的基础。

本单元进一步学习实义动词 like 在一般现在时中各个人称的肯定句、否定句和一般疑问句的构成以及回答。通过呈现的食物名词，让学生初步了解可数名词、不可数名词的概念，并让他们进一步归纳、总结名词复数的构成规律和使用方法。



三、内容结构

Unit 6 Do you like bananas?

第一课时

听说课

1. 掌握有关食物的名称。
2. 能听懂有关谈论喜好的对话。
3. 能用句型询问和谈论喜好
Do/Does
sb.like...?
Yes/No....:

学习理解

第二课时

语法课

1. 区分可数名词与不可数名词及可数名词复数的变化规律。
2. 学会使用动词 like 的各种人称一般现在时陈述句、一般疑问句、及其简略回答的构成

分析思辨

第三课时

听说课

1. 巩固学习有关食物词汇并讨论一日三餐。
2. 巩固动词 like 的各种句型。
3. 能对所学食物词汇进行分类。

理解提升

第四课时

阅读课

1. 通过阅读文章了解运动员三餐饮食习惯，抓住关键信息加深对文章的理解。
2. 通过文章学习融入“健康饮食，快乐生活”的理念

综合运用

第五课时

写作课

1. 了解好朋友一日三餐的饮食习惯。模仿教材框架写自己和他人的三餐饮食习惯。
2. 能够适当的使用连词 and 和 but, 增强文章的逻辑关系。

迁移创新



四、学情分析

“饮食喜好与健康饮食”的话题贴近学生的实际生活，容易激发学生的学习兴趣，使他们能积极参与本单元的主题学习活动。另外，新初一的孩子经过小学三年的积累，英语以及有了一定的基础，已经学习过常见的食物及饮料名称，及一般疑问句及其回答。而且，通过前一单元的学习，学生已经初步了解了行为动词一般现在时的构成及其使用，但是在第三人称单数对谓语动词的影响方面需要多加强调，同时依据不同学生的词汇积累情况，决定是否需要在单元重点单词意外补充更多语料以支撑学生的表达需求。

七年级的孩子有一定的学习基础，记忆力和理解能力已经足够支撑他们学习本单元内容。这时学生的情况或许会出现较明显的分层，部分学生已经形成了一定的学习策略，养成良好的学习习惯，一部分学生较为被动。好在此时学生可塑性极强，应注意引导、鼓励和督促。



五、单元作业目标

序号	单元作业目标
710601	熟悉字母 a 和字母组合 ai、ay、al、aw、在单词中的常见发音，掌握名词复数词缀的发音，正确朗读学过的多音节单词，把握重读音节。
710602	熟悉与谈论食物喜好、饮食健康相关的词汇和常见表达，如 chicken、salad、habit、think about、how about、eat...for dinner. 等，理解意义和用法。
710603	巩固动词 like 在一般现在时的用法，掌握不同人称的肯定句、否定句、一般疑问句及其回答。
710604	巩固表示食物的可数名词、不可数名词、即可作可数又可用不可数的名词的正确使用。
710605	听懂关于饮食喜好话题的对话和语篇，运用听前预测、听中记笔记等方法技巧、准确捕捉关键信息，推测情感态度。
710606	读懂关于饮食健康的语篇，运用比较异同等阅读策略理解文章大意、把握关键信息。
710607	运用本课所学，口头或书面表达或他人的饮食喜好，辨别健康饮食并做简要评价，理解中西饮食的差异与健康的重要性。
710608	尝试使用词典等学习工具，通过比较、分类的方式学习如何归纳整理词汇，并尝试对自己的学习过程进行反思。



第一课时 Section A 1a-2d

课前预习

1. Listen to the audio and read the new words in Unit 6 (on Page 99). Then match the words with the things in the picture, and tick your likes and dislikes. (主要对应目标: 710601)

基础性作业

Vocabulary	#	😊	😞
hamburgers			
tomatoes			
oranges			
ice-cream			
salad			
bananas			
strawberries			
pears			
milk			
bread			



发展性作业

2. Look up the dictionary and write the plural form of the vocabulary.





(主要对应目标: 710608)

Singular		Plural
banana	→	
bread	→	
hamburger	→	
ice-cream	→	
milk	→	
orange	→	
pear	→	
salad	→	
strawberry	→	

课堂活动

基础性作业

1. Read and guess the following kinds of foods through the riddles. (主要对应目标: 710602)

 <p>What am I?</p>	<p>I grow on trees. I am red or green. I am crunchy.</p>
 <p>What am I?</p>	<p>You have to peel me. My skin is yellow. My flesh is soft and light yellow.</p>
 <p>What am I?</p>	<p>I have seeds on the outside. I am eaten in the summer. I am soft and red.</p>
 <p>What am I?</p>	<p>I am found in the freezer. I taste good on a sunny day. I come in many different flavours. I am made with cream.</p>

2. Listen and complete the task. (主要对应目标: 710605)

1) Listen and circle the food you hear.

hamburgers	pears	tomatoes	strawberries
oranges	ice-cream	salad	bananas

2) Listen again and complete the comic.



3. Listen to the audio of 2d and finish the task. (主要对应目标: 710605)

1) Tick the food that John likes.

<input type="checkbox"/> apples	<input type="checkbox"/> ice-cream	<input type="checkbox"/> salad	<input type="checkbox"/>
	bananas		
<input type="checkbox"/> hamburgers	<input type="checkbox"/> oranges	<input type="checkbox"/> strawberries	

2) Jack doesn't like salad. Why do they have salad?

4. Finish the following task. (主要对应目标: 710606)

发展性作业

1) What questions are used to ask people about their likes and dislikes.

2) Underline the sentences that are used to answer these questions.

3) In groups of three, role play the conversation.



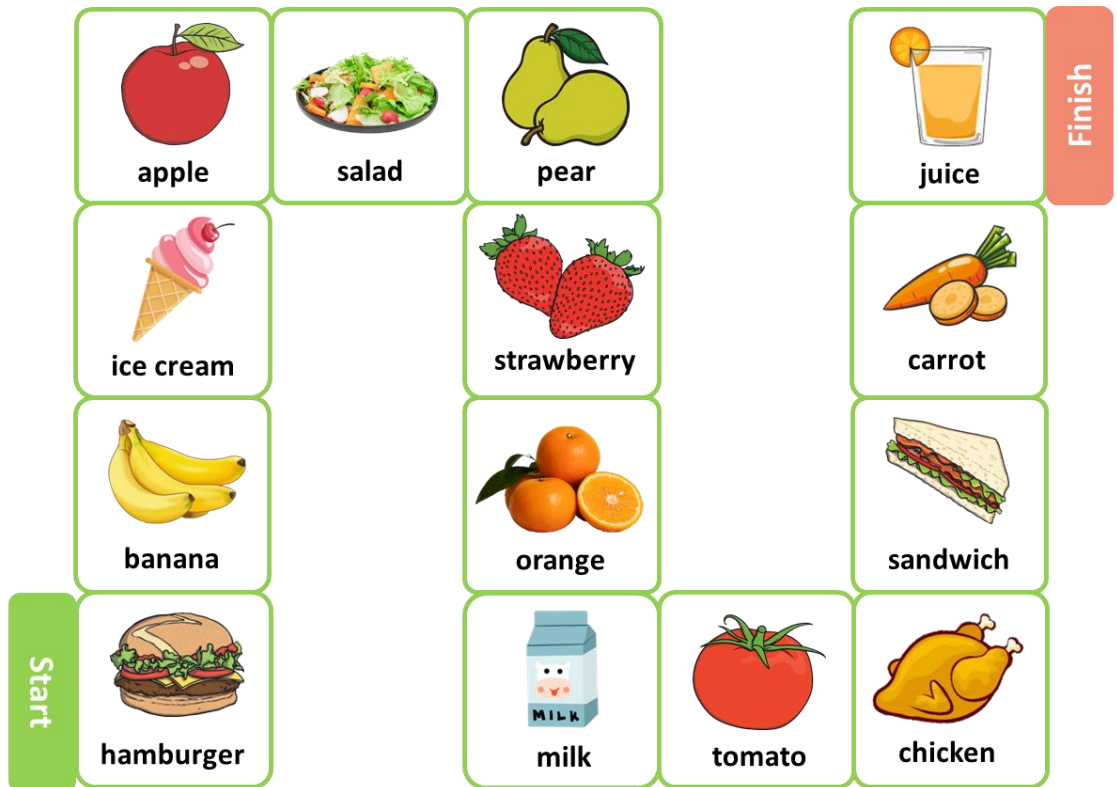
课后作业

基础性作业

1. Play the board game with your friends/family and practice the key sentences.

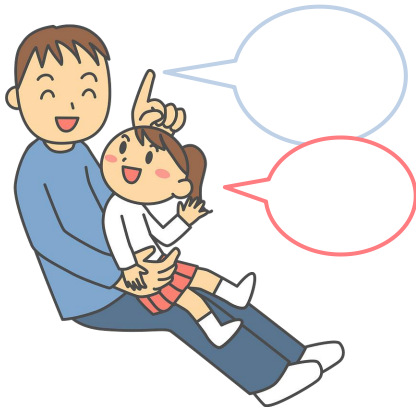
✧ A rolls the die and moves their counter that number of spaces. B look at the picture on that space and ask for opinion about it. A answers the question. Use the following sentence structures: (主要对应目标: 710607)

- Do you like...?
- I like.../I really like...
- I don't like.../I really don't like...



发展性作业

2. Your mom's birthday is coming. Write a short conversation between your dad and you about the food she likes and dislikes for the birthday party. (主要对应目标: 710607)



Me: _____
 Dad: _____
 Me: _____
 Dad: _____

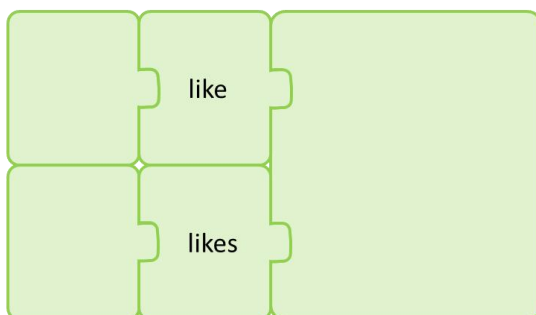


课前预习

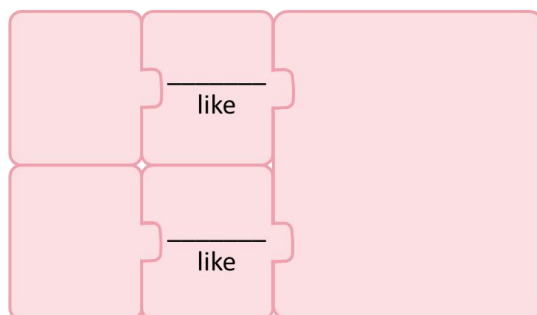
基础性作业

1. Preview Grammar Focus on Page 33, try to summarize the structure of Simple Present using the following jigsaws. (主要对应目标: 710603)

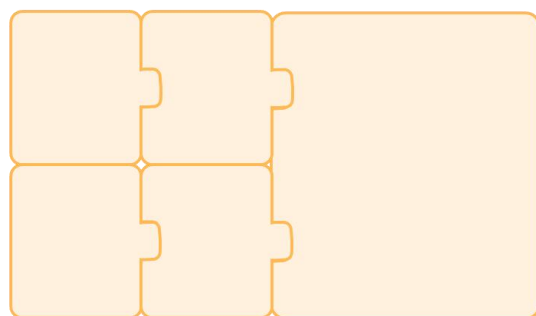
Affirmative



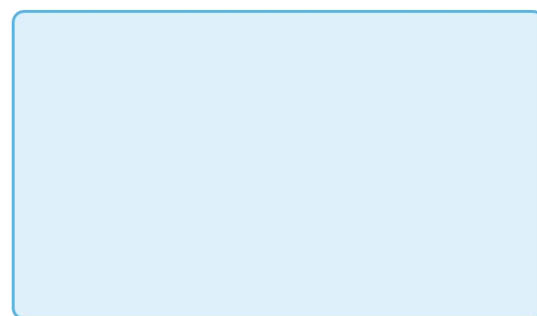
Negative



Question



Answer



发展性作业

2. Watch the micro-lesson video and learn about uncountable nouns. Then list all the uncountable nouns from the following pictures.

(主要对应目标: 710604)



_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

课堂活动

基础性作业

1. Do you know the plurals of these words? Put them in the correct columns.

(主要对应目标: 710604)

food, fruit, vegetable, hamburger, bread, rice, chicken, milk, egg, orange, banana, apple, pear, carrot, tomato, strawberry, ice-cream, salad

+ s	+ es	y → i+es	

2. Underline the correct words in the brackets. (主要对应目标: 710603)

- 1). I like fruit, but I (don't / doesn't) like vegetables.
- 2). She (like / likes) bread, but she (doesn't / don't) like salad.
- 3). He (like / likes) bananas, but he (don't / doesn't) like oranges.
- 4). We (likes / like) hamburgers, but we don't (like / likes) chicken.
- 5). They (likes / like) pears, but they (don't / doesn't) like strawberries.

3. Fill in the blanks with the correct forms. (主要对应目标: 710603)

- 1). Selina _____ (like) apples.
- 2). _____ your father _____ (like) eggs?
- 3). He _____ (not like) rice.
- 4). I have some _____ (egg).
- 5). I don't like _____ (milk).
- 6). My sister likes _____ (tomato), but I don't.
- 7). Do you like _____ (chicken)?

发展性作业

2. Do a survey about the preference of the food in your class. Then report in the class use the following sentences to help you. (主要对应目标: 710607)

	Food	Likes	Doesn't like
			
			
			
			
			
			
			



- _____ likes fruit/vegetables very much, especially _____.
- _____ likes _____, but he doesn't like _____.
- _____ likes _____, but _____ doesn't like them.

课后作业

基础性作业

1. Put the words in the right order and make sentences. (主要对应目标: 710607)

1). bananas, likes, she

_____.

2). salad, you, like, do,

_____?

3). my, love, I, very, mother, much

_____.

4). doesn't, ice cream, like, Mary

_____.

5). food, lots, eats, of, healthy, Jane

2. Put the sentences in the blanks to make conversations. Then practice.
(主要对应目标： 710607)

Bill: 1. _____
Mom: Yes?
Bill: 2. _____
Mom: No, we eat fish and carrots, dear.
Bill: 3. _____ I like chicken.
Mom: 4. _____ It's not healthy to eat chicken every day.
Bill: OK. But Dad likes chicken, too.
Mom: Well, let's eat chicken and broccoli tomorrow.
Bill: 5. _____

A. Do we eat chicken for dinner, Mom?
B. But we need more vegetables.
C. Thank you.
E. I don't like carrots.
F. Excuse me, Mom.
G. Sorry, Mom.

3. Draw a mind map about what we have learned about the use of nouns. And write a sample sentence for each language point. (主要对应目标： 710603)

Examples

Affirmative

Negative

Verbs

Questions

Present Simple

发展性作业

10



第三课时 听说课 Section B (1a-1c)

课前预习
















基础性作业

1. Label the food and drink in the pictures with the words from the box.

(主要对应目标: 710602, 710604)

apple peas beef chicken chocolate carrots cola juice
milk strawberries potatoes tea tomato water ice-cream

meat fruit vegetables sweet

1 	3 	5 
2 	4 	6 
a	b	c
7 	11 	12 
8 	13 	14 
9 	15 	
10 		
d		

发展性作业

3. Record what your family have for the three meals in a day, look up in a dictionary if you don't know the English words. (主要对应目标: 710602)

Daily Meal

Date: _____

Breakfast

Lunch

Dinner

Snacks/Drinks

--	--	--	--




课堂活动

基础性作业

1. Add as many words as possible to the two groups. (主要对应目标: 710602)




Fruits

pear

Vegetables

carrot

4. Listen to the audio and finish the tasks. (主要对应目标: 710605,710607)

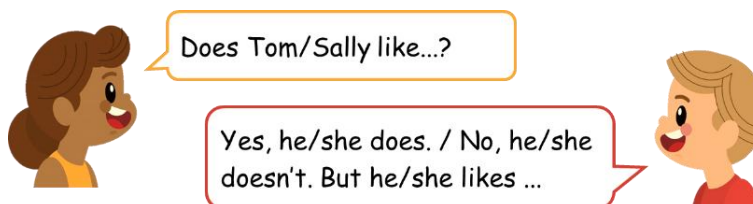
- 1) Circle the food word you hear.

1. orange	3. eggs	5. ice-cream	7. banana
2. salad	4. apple	9. rice	8. chicken
	6. hamburger	10. carrots	

- 2) Fill in the chart.

	Likes	Doesn't like
Tom	carrots,	
Sally		

- 3) In pairs, talk about Tom & Sally's likes and dislikes with classmates.



发展性作业

2.The birthday party of this month is coming. In groups, ask about what food others like and decide what food and drinks should be prepared for the party. Make a list, present to the class.

(主要对应目标: 710607)

... likes.... He/She doesn't like...
... likes ..., but he doesn't like
.....



So, the menu
we choose for
the birthday
party include...



课后作业

基础性作业

1.Listen to the conversation and write True or False. Correct the wrong sentences.

(主要对应目标: 710607)

- () Grace is visiting a friend.
- () They don't have vegetables at home.
- () Grace likes chicken, but she doesn't like potatoes.
- () They will have salad for lunch.



发展性作业

2. Make a Weekly Meal Plan according to your food preference. Introduce your plan to your classmates. (主要对应目标: 710602, 710207)

Weekly Menu Planner			
	Breakfast	Lunch	Dinner
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
Sunday			

Snacks/Drinks

Exercise



I like _____, so I plan to eat _____



第四课时 阅读课 Section B (2a-2c)

课前预习

基础性作

1. Preview the passage on Page 35 and summarize the main idea. Use the following table to help you learn the new words. (主要对应目标: 710606)

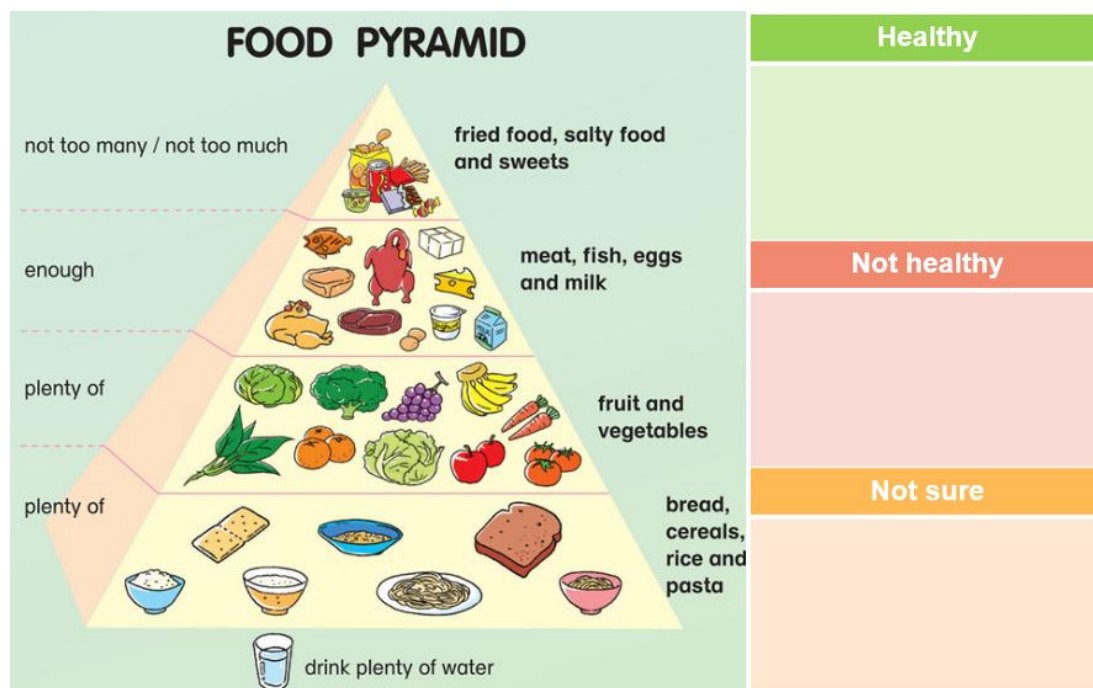
The main idea of the passage is...

业

Vocabulary 单词	Meaning 词义	Part of speech 词性	An example from the book 课本例句
habit			
healthy			
well			
I can make some sentences myself 我来造句子			

发展性作业

2. Read the following “Food Pyramid”, then sort the food and drinks we have learned into different columns. (主要对应目标: 710602,710608)



课堂活动

1. Read the title and picture from the passage and predict. (主要对应目标: 710606)
 - 1) Who is the passage about?
 - 2) What sports does she play?
 - 3) What food and drinks may she like?

基础性作业

2. Read the passage and complete the task.

1) Circle the food words.

2) Complete the table.

Cindy	Likes	Dislikes
Breakfast		
Lunch		
Dinner		
After Dinner		

3) Answer the following questions.

✧ What does “eat well” mean?

✧ Can we change “well” into “good”? Why not?

4) Write five sentences about Cindy’s eating habits.

Cindy likes healthy food.

1. Cindy _____

2. She _____

3. She _____

4. Cindy doesn’t _____

5. _____ She _____ doesn’t

发展性作业

1. Role play the interview between Cindy and the interviewer.



Hello, Cindy. What do you like for _____?

I love _____. I think it’s healthy.

OK. **So** what _____ do you like? Do you like bananas?

Well, I _____ like bananas. **But** I like _____ and _____.



课后作业

基础性作业

1. Write a short passage about Cindy's eating habits. (主要对应目标: 710607)

Cindy Smith, a volleyball star, eats very well.

For breakfast, she _____. She thinks it's _____.

Cindy doesn't _____. For lunch,

Cindy _____. And for dinner, _____

_____. She likes _____, but _____

_____. Because _____.

Cindy really has very good eating _____.

发展性作业

. Read the passage and finish the tasks. (主要对应目标: 710606)

Healthy food and drink for children

Is your food and drink healthy? A lot of ice cream, hamburgers and cola is not healthy. Meat is healthy but too much meat is not good for children. Cola and candy are very sweet, and too much sugar is bad for you.

Eat the right food and be healthy. Carrots, eggs and sweet potatoes are good for your eyes. Milk, cheese and fish are good for your teeth. A bit tired? Have lots of delicious chicken soup!

It is important to remember: eat well, stay healthy, and don't get fat!

- Eat noodles or rice, not hamburgers.
- Have a good breakfast every morning
- Drink juice, water, tea and milk, not cola.
- Eat lots of fruit and vegetables.

1) Complete the table according to the text.

Healthy food and drink	Unhealthy food and drink

2) Check your Weekly Meal Plan and revise it to make it healthier. Introduce where and why do you revise it.

Weekly Menu Planner

	Breakfast	Lunch	Dinner	Snacks/Drinks
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				Exercise
Saturday				
Sunday				



I changed my _____ on _____ to _____, because _____.

I changed _____.



第五课时 写作课 3a-Self Check

课前预习

基础性作业

1. Complete the useful sentences that you can use in your writing. (主要对应目标: 710603)

1) 大卫询问排球明星辛迪的饮食习惯。

David asks the volleyball star, Cindy, _____.

2) 我不喜欢香蕉, 但我喜欢橘子和苹果。

I don't like bananas, but _____.

3) 辛迪喜欢冰激凌, 但她不吃。她不想长胖。

Cindy _____, but _____. She doesn't _____ be fat.

4) 她晚饭不喜欢吃汉堡, 汉堡不健康。

She _____ for _____, they're _____.

3. Do some research and tell why some foods are healthy but others are not.

(主要对应目标: 710606)

Food	Healthy or not	Reasons

Supporting Reading Materials:

Healthy and Unhealthy Snacks

Healthy food is good for our body. Some snacks are healthy, but others are not. Unhealthy snacks have too much sugar, fat, or salt.



Sugar

1 Sugar gives us energy, but too much sugar is not healthy. Sugar is bad for our teeth and can make us fatter. Candy has a lot of sugar.



Fat

2 Like sugar, fat gives us energy. When we eat too much of it, it stays in our body and makes us fatter. It is not good for our heart. Chocolate has a lot of fat.



Salt

3 Salt doesn't make us fatter, but too much of it can give us heart disease. Potato chips have a lot of salt.



Many snacks have labels. The labels say how much sugar, fat, and salt is in them. Try to read the labels and choose healthy snacks.



Vegetables are among the world's most concentrated sources of nutrients. There is a wide variety available, and it is best to eat many different types of vegetables every day.



Asparagus: Asparagus is a popular vegetable. It is low in both carb and calories, but loaded with vitamin K.



Bell Peppers: Bell peppers come in several colors, including red, yellow and green. They are crunchy and taste very sweet, and are a great source of antioxidants and vitamin C.



Broccoli: Broccoli is a cruciferous vegetable that tastes great both raw and cooked. It is an excellent source of fiber, vitamin K and vitamin C and contains a decent amount of protein compared to other vegetables.

Carrots: The carrot is a popular root vegetable. It is extremely tasty and crunchy, and loaded with nutrients like fiber and vitamin K. Carrots are also very high in carotene antioxidants, which have numerous benefits.



Cauliflower: Cauliflower is a very versatile cruciferous vegetable. It can be used to make all sorts of healthy recipes, and also tastes pretty good on its own.

Cucumber: The cucumber is one of the world's most popular vegetables. It is very low in both carbs and calories, and consists mostly of water. However, it does contain a number of nutrients in small amounts, including vitamin K.



Tomatoes: Tomatoes are usually categorized as a vegetable, although they are technically a fruit. They are tasty and loaded with nutrients like potassium and vitamin C.

课堂活动

基础性作业

1. Talk to your partner and complete the survey. (主要对应目标: 710607)



Do you like eggs for breakfast?

No, I don't. I like oranges.



...

...



	Breakfast	Lunch	Dinner	Snacks
I like				
I don't like				
My partner likes				
My partner doesn't like				

2. Write about what you and your partner like and don't like for breakfast, lunch and dinner.

For breakfast, I like _____, but I don't like _____.

For lunch, _____.

And _____ for _____ dinner,

For breakfast, _____ like _____.

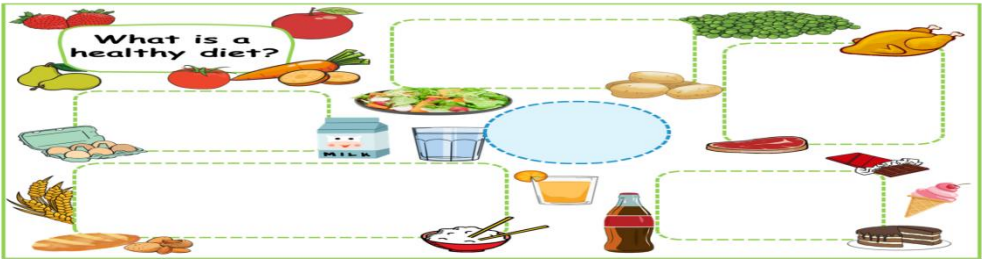
For lunch, _____.

And _____ for _____ dinner,
_____.

发展性作业

3.Design a poster to present a healthy diet in a group. (主要对应目标: 710607)

Explain what healthy diet is and what you recommend to eat every day. Tell the audience why the food you choose is healthy.



课后作业

基础性作业

1. What sports do your parents like and dislike? (主要对应目标: 710607,710603)

Write a short passage about it (at least five sentences) using the structure of the four-fold table.



My mum likes _____
 _____, but she _____

 My dad _____

发展性作业

2. Work in groups, discuss about healthy eating and living habits. Introduce the eating habits of you or your friends and family. Whose habits are good? Whose are not?



Shoot a video, then post it on the social media. (主要对应目标: 710602,710607)



Hello, this is _____. Today, we'll talk
 about healthy lifestyle, good living and
 eating habits. _____



单元学习效果自我评价表

通过本单元的学习，我能够：	Tick(√)	
	I did well. 	I could do better. 
1. 区分常见食物是可数名词或不可数名词		
2. 询问和讨论对于食物的偏好		
3. 描述一日三餐的主要饮食		
4. 辨别健康饮食并做简要评价		